





















Rhythm basics

To get the most out of this course, you'll need to know how to work with a metronome. Any basic metronome with a steady beat will do. Let's start with some basic rhythmic exercises using the simplest strumming pattern available (down with the fingers, up with the thumb).

1. One strum per click (quarter notes):
- | | | | |
|---|---|---|---|
| * | * | * | * |
| ↓ | ↑ | ↓ | ↑ |
| 1 | 2 | 3 | 4 |
|  |  |  |  |
2. Two strums per click (eighth notes):
- | | | | |
|---|---|---|---|
| * | * | * | * |
| ↓ | ↑ | ↓ | ↑ |
| 1 | + | 2 | + |
| ↓ | ↑ | ↓ | ↑ |
| 3 | + | 4 | + |
|  |  |  |  |
3. Three strums per click (triplets)
- | | | | |
|---|---|--|---|
| * | * | * | * |
| ↓ | ↑ | ↓ | ↑ |
| 1 | + | a | + |
| ↓ | ↑ | ↓ | ↑ |
| 2 | + | a | + |
| ↓ | ↑ | ↓ | ↑ |
| 3 | + | a | + |
| ↓ | ↑ | ↓ | ↑ |
| 4 | + | a | + |
|  |  |  |  |
4. Four strums per click (sixteenth notes)
- | | | | |
|---|---|--|---|
| * | * | * | * |
| ↓ | ↑ | ↓ | ↑ |
| 1 | e | + | a |
| ↓ | ↑ | ↓ | ↑ |
| 2 | e | + | a |
| ↓ | ↑ | ↓ | ↑ |
| 3 | e | + | a |
| ↓ | ↑ | ↓ | ↑ |
| 4 | e | + | a |
|  |  |  |  |
5. Optional: five strums (quintuplets)
- | | | | |
|---|---|---|---|
| * | * | * | * |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
| ↓ | ↑ | ↓ | ↑ |
|  |  |  |  |

- There's not a great way to use e's and +'s to subdivide quintuplets. Try using the words 'university' or 'hippopotamus' or 'opportunity'

Rasgueo basics

From a technique perspective, we can divide rasgueos into two main categories:

- (1) rasgueos that use only fingers, with the thumb resting on a bass string if practical
- (2) whole-hand rasgueos that also incorporate the thumb and rotation of the wrist

You'll want to memorize these abbreviations for the right hand fingers:

- | | |
|---|---|
| p | thumb |
| i | index |
| m | middle |
| a | ring |
| x | pinky (this is not universal - some resources use 'e' or 's' for the pinky) |

These are the exercises we'll cover in class today. If some seem overwhelming or beyond your current abilities, choose two or three that seem manageable. You can advance in this course from any level you start at.

1. Basic preparation for fingers-only rasgueos

2. Using fingers-only rasgueos in rhythm

a. Pinky-first variants

(1) Quarter notes: x (↓)

(2) Eighth notes: x-a (↓↓)

(3) Triplets: x-a-m (↓↓↓)

(4) Sixteenth notes: x-a-m-i (↓↓↓↓)

(5) Quintuplets: x-a-m-i-i (↓↓↓↓↑)

b. Common variants

(1) Quarter notes: i (↓)

(2) Eighth notes: i-i (↓↑)

(3) Triplets: m-i-i or a-i-i (↓↓↑)

(4) Sixteenth notes: a-m-i-i (↓↓↓↑)

3. Basic preparation for whole-hand rasgueos (choose one of the two options to start with)

a. p-a-i (↑↓↓)

b. p-m-p or p-ma-p (↑↓↑)

4. Whole hand rasgueos

a. Quarter notes:

OR

b. Eighth notes:

OR

c. Triplets:

OR